

# Pranzo LUNCH



## FRITTATA

\$16

Traditional frittata of biodynamic Fleurieu eggs, filled with with seasonal vegetables and local Fleurieu cheeses served with a selection of our daily salads **VEG • GF**

## PIADINA

\$16

Chargrilled organic artisan Italian flat-bread with assorted fillings - please see display

## MINISTRA DI FAGIOLI

\$14

Venetian Bean Soup of Italian borlotti beans, creamed with local extra virgin Willunga olive oil, served with organic greens, parmesan and organic artisan crusty bread **GF & VEGAN ON REQUEST**

## ANTIPASTO PLATE

\$18

Mixed antipasto platter of dips, olives, peperonata, eggplant caponata, crusty bread **GF ON REQUEST**

ADD ITALIAN PROSCIUTTO

\$23

## LASAGNA DI ZUCCA

\$22

Roasted pumpkin, house made organic basil pesto and salted ricotta Lasagna served with a selection of our daily salad specials **VEG**

## MEDITERRANEAN LASAGNA

\$22

Roasted Mediterranean vegetables layered with brown rice pasta and organic plant based bechamel served with a selection of our daily salad specials **VEGAN • GF**

## PASTA

QUATTRO FORMAGGI / Oven baked clay pot of shell pasta with creamy Fleurieu cheese sauce with a choice of side salad or organic crusty artisan ciabatta **VEG**

POMODORO E OLIVE / Our Family's own tomato sugo recipe of tomatoes, Mediterranean herbs and local kalamata olives **VEGAN**

## GNOCCHI

\$22

CARNE / Hand rolled artisan gnocchi with slow cooked meat ragu and Fleurieu Parmesan

VERDE / Hand rolled artisan gnocchi with organic house made pesto, Fleurieu Parmesan

**VEG GF & VEGAN ON REQUEST**

## RISOTTO DI PRIMAVERA

\$18

Adelaide Hills Mushroom and pea risotto topped with shaved Parmesan cheese **DF • GF**

## RISOTTO DI MARE

\$25

Local, sustainable seafood risotto

## POLENTA

\$18

Polenta cooked the traditional Veneto way, served with local seasonal vegetables of the day and Fleurieu Haloumi cheese **GF • VEGAN ON REQUEST**

ADD SPEZZATINO rustic village dish of grass fed beef slow cooked in red wine and olives (Ethically sourced)

\$25

# FRANCESCO'S Osteria

\$18

## VENETIAN SOUL FOOD

## Dolci

**HOME MADE ITALIAN SWEETS ARE OUR SPECIALTY, PREPARED DAILY ACCORDING TO THE SEASONS AND THE WHIMS OF THE CHEF**

Please ask our waiting staff about today's dessert specials

# Meet our Producers

**WE SUPPORT LOCAL PRODUCERS AND SUSTAINABLE BUSINESSES TO BRING THE BEST POSSIBLE INGREDIENTS (OFTEN ALSO ORGANIC) TO YOUR TABLE, WITH A SPECIAL EMPHASIS ON THE AMAZING PRODUCE OF THE FLEURIEU PENINSULA**

## FRANCESCO'S *Osteria* VENETIAN SOUL FOOD

*To learn more about francesco's osteria,  
francesco's cichetti and event catering,  
please visit our website:*

**WWW.FRANCESCOSOSTERIA.COM.AU**

### VEGGIES

**NGERINGA BIODYNAMIC PRODUCE** / Adelaide Hills  
Certified organic

**VILLAGE GREENS OF WILLUNGA** / Fleurieu Peninsula  
Certified organic

**WAGTAIL URBAN FARMS** / Warradale  
Certified organic

**O'HALLORAN HILL FRUIT AND VEG** / McLaren Vale  
Local produce

### DAIRY

**LA CASA DEL FORMAGGIO** / Fleurieu Peninsula  
100% Fleurieu cream, butter and cheese  
from family owned dairies

**PARIS CREEK BIODYNAMIC MILK, BUTTER, CHEESE** /  
Mt Barker / Certified organic

**SEAVEWE / YANKALILLA**  
Small artisan sheep dairy, very limited production  
of hand made traditional cheeses / Organic

### PASTA

**SAN REMO** / Windsor gardens  
Certified organic / Artisan / GF available

**L'ABRUZZESE** / Glynde  
Certified organic / Artisan / GF available

### EGGS

**FALKAI FARM PASTURE RAISED EGGS** / Fleurieu  
Peninsula / Certified organic

### ICECREAM

**LIVE A LITTLE ARTISAN GELATO** / Adelaide  
Certified Organic / Vegan

**GOLDEN NORTH** Ice Cream

### SEAFOOD

**GOOLWA PIPI CO**

**SAMTASS SEAFOODS**

**ATLANTA OYSTERS AND SEAFOOD**

Where possible local fishermen

### BREAD

**LOST LOAF ARTISAN BREAD** / Plant 4 Bowden  
Certified organic / Artisan

**TURKISH DELIGHTS BAKERY** / Torrensville  
Certified organic / Artisan

**ALBY'S GLUTEN FREE BAKERY** / Flinders Park  
Artisan / GF

**DYER'S BAKERY** / Blackwood  
Hand-crafted wood oven sourdough

### COFFEE

**DE ANGELO** / Thebarton  
Certified organic / Fair-trade / 100% Arabic

### TEA

**THE TEA CATCHER** / Adelaide

The freshest and best teas sourced from the  
best tea gardens in India, Nepal, Japan,  
China, Taiwan, Sri Lanka and more /  
Certified organic / Artisan

**ISLAND CHAI** / Tasmania

Sugar free / Gluten free / Vegan

